
Let's talk about change as the only constant in life and science: *parlons de changements*

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Introduction

Le changement fait partie de la vie de la science — et, aujourd'hui, il est aussi une condition pour qu'elle demeure pertinente, rigoureuse et influente au service de notre communauté.

In this first editorial as Editor-in-Chief, I would like to begin by acknowledging the privilege and responsibility of this role. Taking on the role of Editor-in-Chief of the Canadian Medical Education Journal (CMEJ) is both an honour and a responsibility I approach with deep respect. The CMEJ has grown into a vibrant forum for Canadian and international voices to collectively shape the future of health professions education.¹ I inherit a journal with a rich legacy—one built through the vision, care, and commitment of those who have led it before me. My goal is to build on that foundation while bringing my own colour, experience, and perspective to help guide the CMEJ's next steps in its evolution.

Change, in scholarly publishing and in education more broadly, is both inevitable and essential. When we fail to adapt, we risk losing relevance and influence precisely when the field most needs

trustworthy, usable scholarship. We change not for novelty's sake, but to renew our purpose, strengthen our identity, and stay responsive to an evolving field. The CMEJ's refreshed look—our new cover and logo—symbolizes more than a visual update; it reflects a reaffirmation of our vision: to be a journal of choice for authors whose research and scholarship on innovative, impactful work advances health professions education practice and policy.

Our mission remains steadfast: to advance the field by publishing high-quality, open-access, peer-reviewed scholarship that informs teaching, learning, and policy—and that is methodologically sound, defensible, justified, and usable for educators working in real-world constraints. Yet, to live that mission fully, we must also evolve how we present and organize our content.² because when sections blur, good work can be harder to place, harder to review consistently, and easier for readers to miss. As some of you may already know, we are restructuring our article sections to make them clearer, more coherent, and more aligned with our goals. The goal is simple: a clearer pathway from submission to publication, and from publication to use in practice and policy. This includes refining our *Original Research* and *Scientific Report* sections, reimagining *You Should Try This!* as a space for

concise, practice-oriented innovations, suspending *Brief Reports* to reduce overlap and strengthen section quality, and pausing *Black Ice* as we prepare to relaunch it as a tightly curated venue for expert-informed, practice-changing insights.

These may seem like administrative adjustments, but together they protect what matters most: clarity, quality, and trust—so that CMEJ remains a place where strong work changes what we teach, how we assess, and how we make decisions.² Ultimately, our goal is for these changes to increase the journal's impact—measured not only in readership and citations but also in uptake: what educators try, what programs change, and what policy conversations shift.³

None of this happens in isolation. I am deeply grateful for the editors, reviewers, and staff whose dedication sustains this journal, and for the community of readers and authors who trust us with their work. Change is best navigated collectively, with curiosity, courage, and care—and it is in that spirit that I invite you to join us by submitting your best work, reviewing with care, and helping us build sections that are distinct, rigorous, and genuinely useful.

Continuons à évoluer ensemble pour que la recherche et la formation en sciences de la santé au Canada et ailleurs demeurent synonymes d'innovation, de qualité et d'inclusion.

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AI Disclosure:

The author used ChatGPT 5.2 to review clarity and flow. She integrated some suggestions after careful review and adaptation.

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