## Meditation at the Kitchen Sink

The movement is not all at once; parts shift, in islands of motion, as shores of stillness catch, tremble, slip, join currents to make themselves small islands, too.

It is a delirium to watch as things move, reluctantly, never all at once, as one would hope they could. O no, at the heart of a ponderous inertia, a shadow is devoured, in a down-suck that is stealthy as breath, causing a small water-screw to form.

Only the light tells you it has happened, and slides where the dark had spread, now riding slowly like a floe, icey and pure, causing other plates of stillness to dissolve. Not at once, slowly, the way a crowd of girls ages and drifts singly into marriage.

Or trees, in their sombre mist of spring, some budding, some cankered and leaning on their neighbors with small, imperceptible dying gestures. An old class photograph. Attics. The yard in a season of patient vigil. My own face on the marbled water, each part slowly unfreezing to move toward its fulfillment far away.

PAUL CHRISTENSEN